

North Carolina Chronic Condition Prevention and Management in Schools/Severe Allergy

This guide is intended to assist with supporting student health and chronic health condition management within a collaborative multitiered structure. Use of this approach assures that all students benefit in maintaining their optimal level of health. Recommended references and resources are examples and suggestions.

Tier One: School/District Activities that Benefit All Students

- Environment
 1. [CDC Guidelines for Allergy Management in Schools](#)
 2. [Management of Other Allergy Types](#)
- Education
 1. General for School Staff - [School Staff Training for Allergy](#)
 2. Education for School Nurses - [NASN- Get Trained Module](#)
 3. Implement related Healthful Living Essential Standards - [NC DPI Curriculum Standards for Health](#)
- Related School Wide Policies/Protocols
 1. Medication Administration
 2. Process for Identification of Students with Acute or Chronic Health Care Needs/Conditions
 3. Delegation to Unlicensed Assistive Personnel – [NC Board of Nursing](#)
 4. Emergency Medication Administration - [N. C. Epinephrine in Schools Law](#)

Tier Two: Student Directed Activities with Severe Allergy Diagnosis

- Follow School Nurse Case Management Process Model- [School Nurse Case Management Process Model](#)
 1. Case Find – Physician Orders, Staff Referrals, Attendance Records, School Information Forms, Student Assessment
 2. Assess/Gather Information
 3. Nursing Judgment on Level of Student Need
 - a. Implement appropriate IHP/EAP and serve through general school health services if Case Management not indicated

Tier Three: Intensive Student Directed Activities with New or Uncontrolled Severe Allergy Diagnosis

- Continue with School Nurse Case Management Process Model
 1. Plan of Care
 - a. NASN Clinical Guidelines - [Guidelines for Managing Allergy and Anaphylaxis](#)
 - b. North Carolina Plan of Care Template - [NCPOC-IHP template](#)
 - c. [The Role of Individualized Healthcare Plans in Care Coordination for Students with Chronic Health Conditions](#) - [Order Here Publication S089](#)
 - d. [NASN Severe Allergy Care Plan Checklist](#)
 2. Implement plan
 3. Evaluate and revise or return student to general School Health Services (Tier Two)

Recommended Resources:

[Chronic Conditions in Schools \(CDC\)](#)

[Managing Chronic Health Conditions in Schools \(AAP\) Order Here](#)

[Allergy and Anaphylaxis Resources \(NASN\)](#)

[Allergy Information for Educators](#)

Selekman, J., Shannon, R. A., & Yonkaitis, C. F. (2019). *School Nursing: A Comprehensive Text* (3rd ed.). Philadelphia, PA: F. A. Davis.

